

LORDSBRIDGE TEAM OF CHURCHES



Sunday before Lent – 14th February 2021

Read Mark 9.2-9

You may like to use this material as a basis for discussion in your family.

In our gospel reading today Jesus invites some of his closest disciples to go up a high mountain with him. The disciples are dazzled by his altered appearance and they hear the voice of God saying “Listen to him”. Then they go down the mountain – back to their everyday lives.



This mountain top experience provides a glimpse of the glory of God, but it doesn't last for long. Have you ever had a strong feeling of the presence of God? Have you suddenly been overwhelmed by the glory of God? Did you want to hold onto that moment but couldn't? This must have been how the disciples felt.

“Wow” moments are wonderful but don't happen often. We need to try and be aware of God's “wow” moments in our lives. Can you think of a “wow” moment? It might be seeing a wonderful sunset, or scoring a goal in football, or holding a newborn baby, or playing with a special pet. Where was God in this special moment?



When Jesus was at the top of the mountain his appearance was changed or transformed – his clothes became dazzling white. We can also be changed or transformed. We can be changed by knowing that God loves us and cares for us. We can help to transform other people by passing on God's love to them – by showing care and kindness. These may also become “Wow” moments, as we feel God's presence with us.

Activity

- Try to transform (change) something this week by befriending someone, by picking up litter and tidying a neglected area, by giving money to a charity, or by spreading good comments on social media.
- Create a collage of “wow” moments. These could be pictures from the internet or your own photos. Use these pictures in your prayers this week to say “thank-you” to God for all the wonderful moments of your life.

Prayer

On a mountain top with Jesus the disciples were in awe.

They just could not believe it – what they heard and saw.

Help us, Lord, to see you today, just as they did in that special way. **Amen.**